

Oral Surgery Pre-Operative Instructions

1. Steps to take prior to surgery to minimize the risk of infections:
 - Bathe prior to surgery with particular attention to cleansing your head and face.
 - Brush your teeth, floss, and rinse with a mouth wash.
 - Long hair should be tied back in a ponytail away from the face.
 - Do not wear make-up including but not limited to lipstick, false eyelashes, eyeliner, and mascara.
 - Do not wear long/dangling earrings.
 - If you have a beard or mustache, take extra time to shampoo and cleanse these areas as facial hair can be a nidus for infection.
 - Long mustaches should be trimmed off the upper lip.
2. **Take all regular prescription medications as prescribed unless instructed otherwise by your surgeon.**
3. If you received a prescription for post-operative medications from your surgeon at your consultation appointment, please fill the prescriptions prior to your procedure date and have them ready to take immediately after your surgery.
 - Due to FDA and DEA regulations, pharmacies will no longer accept prescriptions for narcotics that are phoned in or faxed by your surgeon. If your surgeon feels that you will benefit from narcotic pain medication, a prescription will be provided for you on the day of your procedure.
4. If you received a prescription for pre-operative antibiotics or anti-anxiety medications from your surgeon at your consultation appointment, please take the medications with a small sip of water 1-hour prior to your procedure appointment.
5. If you develop a cough, cold, chest or nasal congestion before your surgery, please call the office for further instructions.
6. **IV Sedation/General Anesthesia:**
 - If you are having intravenous sedation or general anesthesia, you cannot have anything to eat or drink (including water) for a minimum of **8 hours** prior to surgery, EXCEPT small sips of water to take prescribed medications. An empty stomach is very important for the safety of all patients under anesthesia. **Non-compliance will lead to the cancellation of your surgery and you will be subject to an additional fee.**
 - If you are having intravenous sedation or general anesthesia, you are required to have an escort who will drive you home at the end of the appointment. Your escort is encouraged to stay in the lobby for the duration of your surgery. Our office cannot release a sedated patient to any taxi or rideshare companies (including Uber and Lyft).
 - **If you are under 18 years of age** you are required to have a parent or legal guardian present in the lobby for the duration of your surgery.
 - Remove all colored nail polish from your index finger nails - colored nail polish will prevent the oxygen monitor from functioning properly during your surgery.
 - Wear loose/comfortable clothing, a short-sleeved shirt for accessibility to upper arms, and flat closed-toe shoes.
 - Please remove contact lenses at home. If you require corrective lenses for normal vision, please bring them with you to your procedure.
 - Leave all valuable items including cell phones, wallets, jewelry, and purses at home or with your escort. We cannot be responsible for their safekeeping during your procedure.
 - DO NOT use Marijuana or any other THC-containing products for 7 days prior to having IV Sedation or general anesthesia. THC causes the medication used for anesthesia to be less effective and increases the risk for many post-operative complications including nausea, vomiting, excessive bleeding, high blood pressure, and elevated heart rate.
7. **Nitrous Oxide Sedation:**
 - If you are having nitrous oxide sedation (laughing gas), you cannot have anything to eat or drink (including water) for a minimum of **4 hours** prior to surgery, EXCEPT small sips of water to take prescribed medications.
 - You are **NOT** required to have a ride home from your surgery after administration of nitrous.
8. **Local Anesthesia:** If you are having local anesthesia, you do **NOT** need to fast for your appointment and you are **NOT** required to have a ride home from your surgery.